

**OLD FATHER TIME VETERANS'  
5 MILE ROAD RACE  
JANUARY 2nd 2011**



POS	Race No:	NAME	CLUB	TIME	AGE CATEG
1	124	Chris Williams	Neath AC	26-19	VM40
2	169	Peter Coles	Ponty Road	27-02	VM45
3	117	Phil Cook	Les Croups	27-31	VM40
4	125	Paul Talbot	Neath AC	28-05	VM40
5	103	Jason Scanlon	Ponty Road	28-08	VM35
6	177	Eddy Ball	Rhondda AC	28-22	VM45
7	163	Royston Whitehouse	Neath AC	28-52	VM45
8	198	Simon Osborne	Bridgend AC	28-58	VM50
9	182	Haydn Hartnell	Islwyn R.C.	29-03	VM45
10	106	Mat Hurford	Les Croups	29-08	VM35
11	197	Phil Crane	Neath AC	29-20	VM50
12	161	Geoff Brindle	Newport AC	29-22	VM45
13	196	Richard Bullen	Les Croups	29-29	VM50
14	200	Dave Coles	Les Croups	29-55	VM50
15	205	John Foster	Lliswery	29-58	VM50
16	165	Jeremy Mower	Gloucs A.C.	30-04	VM45
17	119	Nick Janvier	U/A	30-11	VM40
18	167	Peter Crane	Neath AC	30-17	VM45
19	189	Brian Richardson	Les Croups	30-24	VM50
20	170	Ben Farag	Les Croups	30-31	VM45
21	162	Glyn Sansom	San Dom	30-45	VM45
22	221	Bilal Namani	Rhondda AC	30-51	VM55
23	164	Paul Lewis	3 Ms	30-53	VM45
24	146	Peter Kellam	Les Croups	30-55	VM40
25	120	Brian Lovett	San Dom	30-57	VM40
26	122	David Lowthian	Severn AC	30-59	VM40
27	149	Gaga Chamberlain	Sri Chinmoy	31-01	VM40
28	160	Sean Price	Rhondda AC	31-05	VM45
29	104	Richard Johnson	Islwyn R.C.	31-07	VM35
30	181	Peter Turnbull	Les Croups	31-13	VM45
31	249	Sandy Johnston	Les Croups	31-17	VM60
32	216	Elio Lepore	Les Croups	31-23	VM55
33	195	Huw Roberts	Bridgend AC	31-26	VM50
34	102	Phil George	Les Croups	31-39	VM35
35	107	Alun Jones	Les Croups	31-41	VM35
36	193	Paul Bevan	CAAC	31-48	VM50
37	242	Ron Morris	San Dom	31-58	VM60
38	201	Phil Bristow	San Dom	31-59	VM50
39	274	Louise Summers	Chepstow	32-00	FV40
40	171	Gerry Crispie	Les Croups	32-08	VM45
41	245	David Smout	Parc Bryn	32-09	VM60
42	204	Clem Clements	Pen & Dinas	32-15	VM50
43	152	James Potts	San Dom	32-30	VM40
44	271	Libby O'Duffy	Les Croups	32-41	FV40
45	150	Matthew Osmond	U/A	32-43	VM40
46	176	Dominic Shields	San Dom	32-44	VM45
47	219	Howard Kent	Les Croups	32-49	VM55
48	192	Paul Morris	Les Croups	32-50	VM50
49	188	Mark Terry	TROTS	32-58	VM50
50	178	Kim Wehden	Islwyn R.C.	33-01	VM45
51	121	Evatt Cummings	Bridgend AC	33-17	VM40
52	601	Maurice Attard	Outdoor Fit	33-18	VM35
53	241	Paul Belcher	U/A	33-19	VM60
54	118	Shawn Connor	Les Croups	33-20	VM40
55	180	Andrew Blair	Les Croups	33-21	VM45
56	289	Deborah Reed	3 Ms	33-25	FV45

57	190	Alan Mason	Les Croups	33-26	MV50
58	224	David Proffit	Newport AC	33-36	MV55
59	191	Terry Caveney	Les Croups	33-48	MV50
60	157	Phil Morris	IIF	34-02	VM45
61	223	Chris Nellins	Pen & Dinas	34-12	VM55
62	199	Steve Owen	Les Croups	34-15	VM50
63	147	Brendan Jones	Les Croups	34-17	VM40
64	108	Huw Price	Sarn Helen	34-19	VM40
65	264	Rachel Matthews	CAAC	34-27	FV35
66	145	Steve Davies	Port Talbot	34-33	VM40
67	151	Philip Osmond	U/A	34-35	VM40
68	116	Paul Burleton	Serpentine	34-53	VM40
69	243	David Davies	Neath AC	34-56	VM60
70	263	Maria Richards	Islwyn R.C.	35-20	FV35
71	265	Sarah McCarthy	Les Croups	35-24	FV35
72	252	Brian Gough	Ponty Road	35-28	MV70
73	168	Mark Dunscombe	Sarn Helen	35-30	MV45
74	153	Mike Tong	U/A	35-31	MV40
75	304	Sue Davies	Brecon	35-59	FV50
76	291	Lisa Cleary	Pen & Dinas	36-06	FV45
77	148	Guy Mawson	Fetch Evry	36-23	MV40
78	105	Steve Quin	Les Croups	36-24	MV35
79	194	Michael Pritchard	U/A	36-28	MV50
80	172	Steve Hill	Pen & Dinas	36-38	MV45
81	286	Rhian Lowden	Newport AC	36-41	FV45
82	275	Susan Tagg	Parc Bryn	36-50	FV40
83	222	Garry John	Les Croups	36-56	MV55
84	174	Gareth Rees	Les Croups	37-01	MV45
85	175	Andrew Discombe	Ponty Road	37-03	MV45
86	290	Yvonne Bullen	Les Croups	37-05	WV45
87	166	Philip Hoskins	U/A	37-10	MV45
88	173	Raymond James	Port Talbot	37-27	MV45
89	302	Judi Rhys	Les Croups	37-35	WV50
90	244	Ian Oldacre	Andover	37-37	MV60
91	303	Maureen Emmett	IIF	37-37	WV50
92	183	Kell Portelli	Les Croups	37-40	MV45
93	316	Brenda Avery	Chepstow	37-46	FV60
94	254	Dick Finch	Chepstow	39-47	MV65
95	101	Peter Wilks	Les Croups	38-04	MV35
96	158	Dave E Williams	Les Croups	38-06	MV45
97	220	Robert Ford	Ponty Road	38-20	MV55
98	203	Ray Davies	U/A	38-30	MV50
99	217	Andrew Sedgmond	Les Croups	38-32	MV55
100	323	Caroline Dallimore	Les Croups	38-45	FV55
101	278	Lowri Newman	U/A	38-49	WV40
102	272	Nicola Thomas	Porthcawl	38-59	FV40
103	239	David Hebes	U/A	39-01	MV60
104	292	Judith Oakley	Port Talbot	39-23	FV45
105	251	Ralph Davey	Les Croups	39-54	MV65
106	266	Claire House	San Dom	39-55	FV35
107	253	Barry Roberts	Bournville	40-16	MV65
108	184	Geoff Jones	U/A	40-45	MV45
109	277	Tracy Edwards	Rhondda AC	40-50	FV40
110	306	Ros Edmunds	Taff Ely Tri	41-12	FV50
111	318	Rebecca Hambrook	Portcawl	41-30	FV60
112	310	Andrea Webster	U/A	41-31	FV50
113	311	Janice Clements	Pen & Dinas	41-35	FV50
114	280	Ann Follan	Ponty Road	41-38	FV40
115	179	Gary Bird	U/A	41-39	MV45
116	267	Sarah Prior	San Dom	42-01	FV35
117	237	Ian Swanson	Port Talbot	42-37	MV50
118	288	Bernadette Wilkinson	San Dom	42-41	FV45
119	317	Clare Johnson	Les Croups	42-55	FV65
120	186	Ian John Warner	U/A	43-04	MV50
121	273	Bernadette Jones	WRN	43-08	FV40
122	187	Steve Millard	U/A	43-08	MV50

123	276	Karen Chardwell	WRN	43-14	FV40
124	294	Nicola Trigg	U/A	43-20	FV45
125	246	Rodney Jones	Les Croups	43-23	MV60
126	255	Sid Wheeler	Chepstow	43-27	MV70
127	248	Richard Brown	Sheen Shuff	43-51	MV60
128	293	Catherine Nightingale	U/A	44-02	FV45
129	144	Geoff Jones	U/A	44-28	MV40
130	319	Lisa Muller	Les Croups	44-30	FV55
131	156	Rob Lewis	U/A	46-02	MV45
132	321	Kay Nellins	WRN	46-13	WV55
133	247	Geoff Wright	Les Croups	46-40	MV60
134	262	Lucy Nevitt	U/A	46-40	WV35
135	261	Collette Conroy	U/A	46-47	WV35
136	123	Simon Hudd	U/A	46-53	MV40
137	287	Kerry Francis	Les Croups	46-59	WV45
138	320	Sheila Oldacre	Andover	47-11	WV55
139	309	Amanda Swanson	Les Croups	48-06	WV50
140	279	Tracy Newman	Les Croups	49-03	WV40
141	302	Veronica Singleton	Les Croups	49-51	WV50
142	202	Peter Lawley	Bedford RR	49-51	MV50
143	301	Jane Llewellyn	U/A	51-30	WV50
144	256	Tony Dorsett	Les Croups	54-13	VM65